



# Bike to School Day

## Poster Contest Lesson Plan: Grades K-3



### Grade Levels

Kindergarten-3<sup>rd</sup>



### Subject

Bike benefits; bike safety



### Materials

- 8.5" x 11" papers
- Markers, crayons, paint, pencils, or other drawing media



### Lesson Duration

10-15 minutes



### Objectives

- Get students thinking about why they enjoy biking
- Learn basic bike safety skills
- Design a bike-themed poster
- Have fun!



## Lesson Plan

This two-part lesson plan is designed for younger students to get them thinking about the **Benefits of Bicycling** as well as teaching them the basics of **Bicycling Safety**. After completing the lesson plan, students will be ready to design a poster that represents how biking makes them feel. More information on the poster contest on the following pages.

### Getting Started

Begin this lesson by asking your students a few simple questions that are aimed at evoking feelings and memories from riding a bicycle. Here are some starter questions:

1. How does biking make you feel?
2. What do you like about bicycling?
3. What is your favorite place to bike to?
4. What is a fun memory you had while biking?

### Bicycling Safety

Ask your students "What can you do to make biking more safe?" If they cannot come up with ideas, here are a few you can share with them:

- Always wear a properly fitted helmet while biking
- Do not bike on busy streets
- Stop at all traffic lights and do not move forward unless the light is green
- Always come to a complete stop at stop signs, and look both ways before moving ahead
- Avoid riding at night, when it is far harder for others to see you on the street



# Bike to School Day

## Poster Contest Guideines

### How it Works

Before participating in the poster contest activity, teachers are encouraged to facilitate the complementary lesson plan with their students. Following the lesson plan, students can design a poster that shows how bicycling to school makes them feel and submit to the Bike to Anywhere Day Poster Contest Committee by **May 5, 2023**.

Winners will be decided upon and notified by May 12.

### Rules for Poster Design

- Students must create a poster that represents how bicycling to school makes them feel.
- Posters must be created by an individual child. (limit one poster submission per student)
- There are two grade categories for judging: grades K-3 and grades 4 – 8.
- Print off copies of the last page of this document and use it for the students posters
- Complete school name, child name, and parent contact information (address, email and telephone number) in space provided at the bottom of the form.
- Students can use pencil, marker, crayon, paint or another media. (keep in mind that electronic submission is easiest, so macaroni art may be harder to submit)
- Entry forms must be submitted by the end of the day, May 5, 2023 via e-mail to [saferoutes.dot@state.mn.us](mailto:saferoutes.dot@state.mn.us).



### Judging Standards

The winning posters will be selected by the Bike to School Day Poster Contest Committee on an objective and non-discriminatory basis. Selection will be based on the poster's visual impact and originality. All posters submitted for the contest will become the property of the Minnesota Department of Transportation and Minnesota Safe Routes to School.



# 2016 Winners

## 1<sup>st</sup> - 4<sup>th</sup> Grade Winners



**1st Place:** Lilian Reiter - 4th Grade



**2nd Place:** Lily Sabers - 1st Grade

## 5<sup>th</sup> - 8<sup>th</sup> Grade Winners



**1st Place:** Finn McEllistrem - 5th Grade



**2nd Place:** Olivia Klassen - 8th Grade



NAME/GRADE: \_\_\_\_\_

SCHOOL: \_\_\_\_\_