# **PARK & WALK SAMPLE SURVEY QUESTIONS**

Once your Park & Walk is up and running, it’s important to evaluate the program to see if its goals are being met. You can use the questions below as is, or customize them as needed for parents and volunteers. The questions can be uploaded to a website like Survey Monkey, Survey Gizmo or Google Forms that allow users to create and distribute surveys online, or distributed as paper forms. Using an online survey will save time in the long run, as the responses are automatically tabulated and summarized.

## [NAME OF SCHOOL] Staff Survey

Thank you for taking this short, anonymous survey on the Park & Walk effort at [NAME OF SCHOOL].

1. On Park & Walk days, children arrive to school more alert and ready to learn (please select one).

* Strongly Agree
* Agree
* Disagree
* Strongly Disagree

2. On Park & Walk days, children are more on task and more focused (please select one).

* Strongly Agree
* Agree
* Disagree
* Strongly Disagree

3. On Park & Walk days, children seem (check all that apply):

* more creative
* happier
* calmer
* less creative
* sadder
* more agitated
* none of the above

4. Park & Walk days have been good for our school (please select one).

* Strongly Agree
* Agree
* Disagree
* Strongly Disagree

5. I think we should continue Park & Walk days next year (please select one).

* Strongly Agree
* Agree
* Disagree
* Strongly Disagree

6. Do you have any suggestions to help improve Park & Walk days?

7. Any other comments?